THE CODE OF A TRUE CHAMPION

I will…

1. Consistently, and without reservation, strive to reach my full potential.
2. Be committed and disciplined in my approach.
3. Take personal responsibility, and any action necessary, to achieve team and individual goals.
4. Demonstrate a deep desire to succeed, applying passion and heart to any and every task at hand.
5. Show an impeccable and relentless work ethic that only true dedication provides.
6. Set priorities, and make the required sacrifices, that enhance the chances for athletic success.
7. Persevere through adversity with a positive attitude and concentration that strives toward excellence and mastery.
8. Establish a mind-set that highly encourages the belief and confidence that one can accomplish anything, if they are so willing.
9. Apply a training and competitive focus that creates the opportunity to transform the impossible into the possible.

... All set on a foundation of strong character and integrity that beseeches one to do the right thing just because it is the right thing to do.

And so, you may ask, “Why follow a code of such high standard?”

♦ Because I believe I can make a difference.
♦ And because I believe it,
♦ Then it is something I should do.
♦ Because it is something I should do,
♦ Then it is something I will do.

So I toil and sweat both through the good days and the bad:
♦ Chipping away at any weakness that following the code may reveal within,
♦ Creating inspiration from athletic experiences of days gone by,
♦ From future experiences that have yet to occur,
♦ And from those who may someday attempt to walk the same path –
♦ Never giving up,
♦ Never giving in,
♦ And never swaying – but for a moment – from the Code of a True Champion.

Again, “Why?” one might ask.

Simply – Because I can!!!