

∞ THE CODE OF A TRUE CHAMPION

I will...

- 1 Consistently, and without reservation, strive to reach my **full potential**.
- 2 Be **committed** and **disciplined** in my approach.
- 3 Take **personal responsibility**, and any action necessary, to achieve team and individual **goals**.
- 4 Demonstrate a deep **desire** to succeed, applying **passion** and **heart** to any and every task at hand.
- 5 Show an **impeccable** and **relentless work ethic** that only true **dedication** provides.
- 6 Set **priorities**, and make the required **sacrifices**, that enhance the chances for athletic success.
- 7 **Persevere** through adversity with a **positive attitude** and **concentration** that strives toward **excellence** and **mastery**.
- 8 Establish a **mind-set** that highly encourages the **belief** and **confidence** that one can accomplish anything, if they are so willing.
- 9 Apply a **training** and **competitive focus** that creates the opportunity to transform the impossible into the possible.

... All set on a foundation of strong **character** and **integrity** that beseeches one to do the right thing just because it is the right thing to do.

And so, you may ask, “Why follow a code of such high standard?”

- ◆ Because I believe I can make a difference.
- ◆ And because I believe it,
- ◆ Then it is something I should do.
- ◆ Because it is something I should do,
- ◆ Then it is something I *will* do.

So I toil and sweat both through the good days and the bad:

- ◆ Chipping away at any weakness that following the code may reveal within,
- ◆ Creating inspiration from athletic experiences of days gone by,
- ◆ From future experiences that have yet to occur,
- ◆ And from those who may someday attempt to walk the same path –
- ◆ Never giving up,
- ◆ Never giving in,
- ◆ And never swaying – but for a moment – from the Code of a True Champion.

Again, “Why?” one might ask.

Simply – **Because I can!!!**

Signature _____

Witness _____